

TIPS TO HELP REDUCE FEAR & STRESS IN DOGS

When dogs are feeling fearful or worried their choices are :

FIGHT

FLIGHT

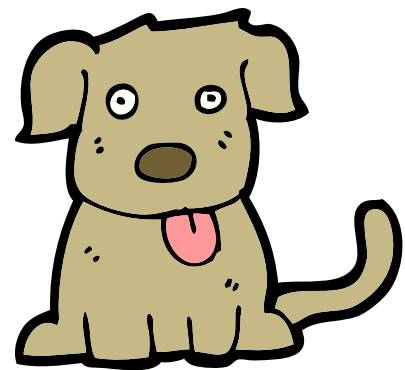
FREEZE

FIDDLE

Read their body language to gauge how they are feeling.

Recomendations:

- Take your time
- Be aware and sensitive to their 'personal space'
- Use minimal restraint that's possible
- Work "with", not "against"
- Do not pin the dog down
- Support the dog
- Wait until the dog is relaxed before the next procedure
- Sedate if necessary
- Talk to the owner about preparing for the next visit.



Avoid prolong struggle:

- Struggle = increases stress
- Stress = risk of aggression
- Try another technique if the current one isn't working
- Behaviour modification for longer lasting changes
- Change your technique
- Switch to a different restraint position
- Get assistance: the pet may need more than one person to help restrain
- Try chemical restraint before the animal becomes too aroused.